

# **BEDFORD**

## **FITNESS CENTER RULES**

**GYM HOURS:  
5:00AM-11:00PM 7 DAYS A WEEK**

- 1. Your dues must be current to use the fitness center.**
- 2. Use of the fitness center is limited to the Bedford homeowners/residents. Guests are not permitted to use the fitness center.**
- 3. Please park in the clubhouse parking lot when using the gym. Do not park on the street.**
- 4. Do not prop any doors open in the gym. ALL doors must remain closed at all times.**
- 5. DO NOT GO OUT THE DOOR THAT LEADS TO THE POOL.**
- 6. NO SMOKING IN THE FITNESS CENTER.**
- 7. No persons under the age of eighteen (18) are allowed at any time in the fitness center.**
- 8. Homeowners/residents are responsible for utilizing the fitness equipment for the specific purpose intended.**
- 9. Use equipment at your own risk. Consult your physician if you are unsure whether you are in physically fit condition to use the equipment.**
- 10. Homeowners/residents are to report any equipment malfunction or failure to the Management Company - Little and Young immediately (910-484-5400).**
- 11. Repairs and adjustments to all fitness equipment must be made by a qualified, HOA approved technician. Homeowners/residents are prohibited from using tools to adjust or modify fitness equipment.**
- 12. Use ear buds when using personal music and media devices.**

- 13. Wear proper attire while using fitness equipment. Wearing open toe shoes is never permitted.**
- 14. Wipe equipment as needed after use. Do not leave personal belongings or trash in facility after use.**
- 15. Turn off all lights and TV when you're the last one to leave fitness center.**
- 16. Do not open the clubhouse door for others. All homeowners/residents should access the facilities using the key FOB issued by the Management Office.**
- 17. If there is an afterhours emergency, a Little & Young Staff Member is on call 7 days week. The afterhours on call # is (910) 237-4410. If the issue is a life threatening concern please call 911.**